**Adventures Point Value**

* Send a postcard to a friend or relative. (Remember friendly letter format). 5
* Play the A, B, C game while traveling using nouns.

Example- arrow, billboard, car…….. 5

* Take a nature walk with your family. Identify 5 living things. 5
* Say the one decade of the rosary for five days. 10
* Go to confession. (Perform examination of conscience beforehand) 20
* Write an email to a friend or relative using the proper format. 5
* Read a book. Find a 5 new words and look up the definitions. 5
* Read a chapter book. Find an example of all eight parts of speech 5
* Choose three animals and describe the adaptions they have to help

them to survive. 10

* Observe the phases of the moon for seven days and note the changes 10
* Watch either the Republican or the Democratic conventions. 5
* If you visit a national park or museum create your own brochure giving

 fun facts about the site. 10

* If you visit another city, state or country create a travel log describing your

day’s adventures. 20

* Watch for the three main cloud types: stratus, cirrus and cumulous 10
* Track and graph your sleep patterns for a week. (Hours per night) 10
* Practice taking pulse before and after a physical activity. 5
* Track your water intake for a week and graph. 10
* Create a map with a corresponding legend of a place you have visited. 20
* Volunteer your time to help someone. 10
* Choose a chore and do it at least once a week for the summer. 10
* Choose two or three news stories that are interesting to you. Follow the

stories and write a summary including your opinion of the events. 10

* Try a new sport or physical activity. 10
* Take a walk with a family member and tell each other about favorite

memory. 10

* Take time to reflect on blessings and gifts from God. 10
* Pray daily. 30
* Ask a parent or grandparent about their favorite president and why. 20
* Talk to veteran about their war experience and make them a thank you card. 20

 0-100 Explorer

 101-200 Expeditioner

 301-300 Adventurer

Bring your log into your 5th grade homeroom teacher by Wednesday of the week we return for the
2019-2020 school year and receive your treasure!

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| Date | Adventure  | Points |
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**Adventure Log**

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